

WHAT IS WQ?



Winter Quiescence is getaway in the middle of a busy school year—a time to reflect on what the Lord is doing in your life!

**For ages 12-19
(Must be 13 by June 1st)**

WQ includes

- ❄ Bible teaching by our speaker
- ❄ Indoor & outdoor activities
(broom hockey, rock-climbing wall, basketball, board games, and more!)
- ❄ Crafts
- ❄ Special breakout sessions
- ❄ Singing & Vespers

Hang out with old **friends** and make **new ones!**
Be **challenged** in your walk with Jesus.
Learn how to **serve God** in your community!



DETAILS

Check In ✱ Friday, Jan. 15th at 9 pm

Check Out ✱ Sunday, Jan. 17th at noon

Location ✱ Crystal Springs Camp, near Medina, ND
65 miles east of Bismarck, just off I-94

Transportation ✱ Transportation will be provided from Minot, Jamestown, Bismarck, Fargo, and Grand Forks. Registered students will receive more details. If you need to change your transportation details, please contact us ASAP! Driving directions at www.csbcamp.org

Registration Fee ✱ \$100, payable to CEF. You may pay the full amount *or* a \$25 deposit with your registration (pay online or send a check). The balance is due upon your arrival. **Registration deadline: Jan. 1st!**

Safety ✱ WQ will be chaperoned by CEF staff and screened adult volunteers.

Insurance & Health ✱ Each student is insured against injury. Please fill out the permission form *completely* to ensure your healthcare in case of an emergency.

*You will receive an email
confirming your registration details. Please allow up to 10
days after submitting registration for confirmation to
arrive.*

www.ndcef.com/wq

Got questions?
Contact WQ Coordinator Shar Carlson
701.389.8816 or shar@ndcef.com



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WINTER QUIESCENCE
teen retreat



January 15-17, 2021
Crystal Springs Camp



WINTER QUIESCENCE

Pronounced "quee-essence," meaning "quietude, stillness"

PACKING LIST

- ❄ Bible/notebook/writing utensils
- ❄ Toiletries (soap, shampoo, toothbrush, etc.)
- ❄ Towel
- ❄ Sleeping bag and pillow/Bedding
- ❄ Extra blankets (if desired)
- ❄ Clothing suitable for cold weather (coats, boots, scarves, gloves, snowpants)
- ❄ Spending money for snacks (on the road + camp coffee bar)

Please leave all electronics and valuables at home!
Those under 18 must check in phones upon arrival; they will be available for use Saturday afternoon.

REGISTRATION

Registration is now **ONLINE ONLY.**
www.ndcef.com/WQ

Payment can be made online or by check.
Payments can be made in full (\$100)
or with initial deposit of \$25
with remainder paid upon arrival.

Registration deadline is January 1st!

A note regarding Covid 19

Your health and safety is a high priority to us!

While at camp, students will room with other students from their area only. Students will be expected to wash hands thoroughly and interact safely.

If, due to Covid restrictions, we are unable to gather at Crystal Springs, there are still options!

1. Local WQ: We'll meet instead as local groups, with a modified schedule and activities. Total price will be reduced for this option.

2. Receive a refund: If you'd prefer not to participate at all due to schedule changes, we can refund your total payment.

If we are not able to meet in person, all registered students will be notified immediately!

